

# DOCK ROCK (EN)

Hopin Gwendoline (Fr) & Chalon Laurent (Be) – April 2020

**Type:** 2 Walls – 64 Counts – 4 Restarts  
**Intro :** 16 Counts  
**Level:** Intermediate  
**Music:** Dock Rock by The Washboard Union – <https://youtu.be/fOk12VkQgKM>  
**Video:** <https://www.youtube.com/watch?v=qWbAQMSS7U>



<b>Section 1 : SIDE ROCK RF, SWITCH, SIDE ROCK LF, HEEL RF, SWITCH, HEEL LF, WALK FORWARD RF &amp; LF</b>		
1-2&	Side Rock RF to the Right, Recover on LF, RF Next to LF	12:00
3-4&	Side Rock LF to the Left, recover on RF, LF Next to RF	
5&6&	Heel RF Forward, RF next to LF, Heel LF Forward, LF next to RF	
7-8	Step RF Forward, Step LF Forward	
<b>Section 2 : ROCK STEP FORWARD RF, STEP LOCK STEP BACK RF, COASTER STEP LF, RF STEP PIVOT ½ TURN L</b>		
1-2	Rock Forward RF, Recover on LF	
3&4	Step Lock Step RF Back	
5&6	Coaster Step LF	
7-8	Step RF Forward, Pivot ½ turn to the Left	06:00
<i>* Restart here wall 5</i>		
<b>Section 3 : CROSS ROCK RF, PIVOT ¼ TURN R &amp; ½ TURN R, STEP LOCK STEP BACK RF, BACK ROCK STEP LF</b>		
1-2	Cross Rock RF over LF	
3-4	¼ turn to the Right Step RF Forward, ½ turn to the right Step LF Back	09:00
5&6	Step Lock Step RF Back	03:00
7-8	Rock Step LF Back, Recover on RF	
<b>Section 4 : WALK FORWARD LF &amp; RF, STEP LOCK STEP FORWARD LF, RF STEP PIVOT ½ TURN L, RF TRIPLE STEP ½ TURN L</b>		
1-2	Step LF Forward, Step RF Forward	
3&4	Step Lock Step Forward LF	
5-6	Step RF Forward, Pivot ½ turn to the Left	09:00
7&8	½ turn to the left, RF triple step back	03:00
<b>Section 5 : WALK BACK LF &amp; RF, COASTER CROSS LF, SIDE STEP RF, SIDE STEP ¼ TURN L, TRIPLE CROSS RF</b>		
1-2	Step LF Back, Step RF Back	
3&4	Coaster cross LF	
5-6	Side Step RF to the right, ¼ turn to the Left Side Step LF to the Left	12:00
7&8	Cross RF over LF, Side Step LF to the Left, Cross RF over LF	
<b>Section 6 : SIDE ROCK LF, BEHIND SIDE CROSS, WEAVE R</b>		
1-2	Side Rock LF to the Left, Recover on RF	
3&4	LF behind RF, Side Step RF to the Right, Cross LF over RF	
5-6	Side Step RF to the Right, LF Behind RF	
7-8	Side Step RF to the Right, Cross LF over RF	
<i>Restart here walls 2 &amp; 3</i>		

<b>Section 7 :</b>	<b>SIDE STEP RF, TOUCH LF, KICK BALL CROSS LF, SIDE ROCK LF, SAILOR STEP LF ¼ TURN L</b>	
1-2	Side Step RF to the Right, Touch LF next to RF	
3&4	Kick Ball cross LF	
5-6	Side Rock LF to the Left, Recover on RF	
7&8	Sailor Step LF with ¼ turn to the Left	09:00
<b>Section 8 :</b>	<b>STEP RF, HEEL BOUNCE ¼ TURN L, HEEL FORWARD RF, SWITCH, HEEL FORWARD LF, BIG STEP FORWARD RF, STOMP LF</b>	
1-2-3-4	Step RF Forward, Heel Bounce (x3) with ¼ turn to the Left	06:00
5&6&	Heel RF Forward, RF next to LF, Heel LF Forward, LF next to RF	
7-8	Big Step RF Forward, Stomp LF next to RF	

*Bonne danse...* 😊

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